

CRITICAL TIME INTERVENTION

CTI is a time-limited evidence-based practice that mobilizes support for some of the most vulnerable individuals during periods of transition. It facilitates community integration and continuity of care by ensuring that a person has enduring ties to their community and support systems during these critical periods. CTI has been applied with veterans, people with mental illness, people who have been homeless or in prison, and many other groups. CTI is designed as a short-term intervention for people adjusting to a “critical time” of transition in their lives. In the model the CTI team maintains continuity of care during the first nine months of the transition for the individual while simultaneously passing responsibility on to more permanent community supports.

Core Components:

- < Addresses a period of transition
- < Time-limited
- < Phased approach
- < Focused
- < Decreasing intensity over time
- < Community-based
- < No early discharge
- < Small caseloads
- < Harm reduction approach
- < Weekly team supervision
- < Regular full caseload review

Resource Links:

- 1) <http://www.endhomelessness.org/page/-/files/Critical%20Time%20Intervention%20Presentation.pdf>
- 2) <https://www.criticaltime.org/wp-content/uploads/2014/05/CTI-Manual.pdf>
- 3) <https://www.criticaltime.org/wp-content/uploads/2014/05/CTI-TS-Manual-English-version.pdf>
- 4) <https://www.hudexchange.info/resources/documents/CriticalTimeIntervention.pdf>
- 5) <https://www.criticaltime.org/>